

Park Life Cafe Menu

London's Premier Park Cafe

We are dedicated to providing high quality food using the best local ingredients where possible.

Our talented Chefs, cook delicious homemade soup daily, and all of our meals are made from scratch in our kitchen.

We have achieved the highest rating of **5 stars** on the "**scores on the doors scheme**" from the local environmental health so you know your food is prepared in a clean safe environment.

All our coffee beans are freshly ground for each individual cup, we only use fairtrade coffee beans and tea from suppliers supporting the Rainforest Alliance

We have known for years that happy hens lay tastier eggs, which is why all of ours come from free range hens in Cranbrook, Kent.

All of our meat is supplied by Norsted Manor Farm Meats, in Pratt's Bottom, Kent.



Hot Beverages

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|--------------------------|-------|
| Mug of Tea | £1.00 |
| Pot of Tea for one | £1.40 |
| Pot of Tea for two | £2.00 |
| Espresso Coffee..... | £1.50 |
| Cappuccino | £1.70 |
| Latte..... | £1.70 |
| Latte Macchiato | £1.70 |
| Hot Chocolate | £1.70 |
| Speciality Teas..... | £1.60 |

Traditional Cream Tea £3.95

One giant sultana scone or two smaller scones from our local bakery, clotted cream & preserves, served with a pot of tea

Afternoon Tea £5.50

Any cold sandwich from our menu, followed by scones, clotted cream and preserves, served with a pot of tea

*** Please check our chilled cabinet for today's fresh cakes ***

Childrens Dishes

Beans on Toast.....£2.25

One slice of toast with baked beans

Chicken Fillet Bites & Chips £3.95

Whole breast fillets, lightly battered, served with fries

Tomato & Basil Pasta..... £3.95

Penne Pasta tossed in a rich tomato & basil sauce, topped with grated cheese

Burger & Chips £3.95

100% English beef burger, served with chips

Sausage Chips & beans..... £3.95

One of our award winning sausages, chips & beans

Half a Sandwich..... £1.75

Pick from any of our sandwiches and we will make it in one slice of bread

Half a Jacket.....£2.50

Choose two from, cheese/ beans/ tuna/egg

WE ARE OPEN FROM 9AM MONDAY - SATURDAY & FROM 10AM SUNDAYS

Telephone: 020 7252 6556 Email: info@prestigiouscatering.co.uk www.parklife-cafe.co.uk

Breakfast

Park Life All Day Breakfast £5.95

Two eggs, two rashers dry cure bacon, sausage, beans or tomatoes & buttered toast

Farmhouse Breakfast £4.25

One egg, one sausage, one rasher of bacon, beans & buttered toast

Double Fried Egg Sandwich £2.95

Bacon Sandwich £3.25

Dry cured English bacon, served on bread or a soft bap

Old English Sausage Sandwich/Bap £3.25

Locally made sausage sandwich using all natural ingredients

Mushrooms on Toast £3.95

Fresh mushrooms on liberally buttered toast

Eggs on Toast £3.95

Two Hen's eggs on buttered toast

Toast & Jam or Marmalade £2.50

Main Dishes

Vegetable Moussaka £5.95

Grilled aubergines in a rich tomato sauce, with chickpeas, courgettes & mushrooms, topped with a creamy béchamel sauce

Chilli Con Carne & Rice £5.95

Spicy British Beef Chilli, topped with grated cheddar and served with either rice or potato wedges

Ham, Egg & Chips £5.95

Two slices of gammon ham, free range egg and steakhouse chips

6oz Burger & Chips £5.95

Two 100% English beef patties, served with red onions, sliced gherkins, cheese & relish

Bangers & Mash & Onion Gravy £5.95

Three of our award winning sausages, served with creamy mash and caramelised red onion gravy

Fish & Chips £6.95

Fillet of sustainable white fish, fried in a yeast batter with steakhouse chips, tartare sauce and mushy peas

Jacket Potatoes £4.95

Choose from beans, cheese, egg mayo & tuna have as many as you like, no extra charge

Soup

Homemade Soup of the Day £3.95

Freshly made daily served with warm Ciabatta

Toasted Ciabatta's

Ham & mature cheddar £4.50

Cheese, Red Onion & Tomato £4.50

Tuna Crunch £4.50

Tuna chunks mixed with diced peppers, red onion and cornichons, topped with a little cheese

All served with a side salad/Add chips for **£1.50**

Sandwiches

Cheese Salad £3.25

Ham Salad £3.25

Free Range Egg Mayo £3.25

Tuna & Cucumber £3.25

Choice of white or wholemeal all served with a side salad/ Add chips for **£1.50**

Salads & Sides

Ploughman's Lunch £5.95

Choose from mature cheddar or ham, served with a full salad, coleslaw, pickle and a warm Ciabatta

Sides

Two Bread & Butter £1.25

Chips £2.20

Spicy Potato Wedges £2.50

Salad Bowl £2.75

PLEASE CHECK OUR BLACKBOARD FOR TODAY'S HOME MADE SPECIALS